



since 2002
STAMINA[®]
 club

PRICELIST

**RABIEH
 BRANCH**

GYM VISIT

1 DAY VISIT

45,000 LBP

OPENING HOURS

MONDAY TO FRIDAY
 SATURDAY
 SUNDAY

7 AM - 11 PM
 8 AM - 9PM
 4PM - 8PM

FULL GYM ACCESS

7 day/week gym access

CLASSES access

COURTS access
 basketball - football

24 hours ACCESS

Group Classes

- 4X **TABATA**
- 4X **TABATA POWER**
- 4X **CROSSFURY**
- 4X **WAR**
- 4X **NUKE 90**
- 8X **CYCLING/STRETCHING (AM)**
- 8X **DANCE FITNESS**

1 month	300,000 LBP
3 month	800,000 LBP
6 month	1,380,000 LBP
12 month	2,400,000 LBP

Solarium

15 min

50,000 LBP

ACADEMIES

Football 100,000 LBP/month
 SAT 10:00 AM

Basketball 100,000 LBP/month
 SAT 11:00 AM

Gymnastics 120,000 LBP/month
 TUE 5:00 PM

Morning class 100,000 LBP/month
 Cycling + Stretching
 MON, FRI 9:00 AM

Calisthenics 120,000 LBP/month
 TTH 6:00 PM

Pole Fitness 65,000 LBP/session
 TTH 7:00 PM

Martial Arts 150,000 LBP/month
 TTH 7:00 PM

Ju Jitsu 150,000 LBP/month
 MWF 8:30 PM

Rentals

Football Court
 70,000 LBP/1 hour

Basketball Full Court
 100,000 LBP

Basketball Half Court
 80,000 LBP

CLASSES SCHEDULE

RABIEH
BRANCH
THURS



MON

TUES

WED

THURS

FRI

SAT

9:00 - 10:00

Cycling
+ Stretching

Cycling
+ Stretching

10:00 - 11:00

Kids
Football
Academy

1:00 - 2:00

Kids
Gymnastics

6:00 - 7:00

CALISTHENICS

CALISTHENICS

6:00 - 7:30

NUKE 90

AIKIDO

AIKIDO

7:00 - 8:00

Martial
Arts

Martial
Arts

7:00 - 8:00

Pole Fitness

WAR

Pole
Fitness

8:00 - 9:00

Tabata

DANCE FITNESS

Crossfury

DANCE FITNESS

Tabata
Power

8:30 - 9:30

Ju Jitsu

Ju Jitsu

Ju Jitsu

Rabieh, Main Road, Above Charcutier Aoun Rooftop

Light

Medium

Advanced