



**STAMINA**<sup>®</sup>  
club  
CRAVE THE BURN WITHIN YOU

**OPENING HOURS**

MONDAY TO FRIDAY 6AM - 12AM  
SATURDAY 6AM - 9PM  
SUNDAY 4PM - 8 PM

**BASIC PACKAGE**

- ✓ 7 DAYS/WEEK GYM ACCESS
- ✓ FREE WORKOUT PLAN
- ✓ COURTS ACCESS

1 MONTH \$80  
3 MONTH \$210  
6 MONTH \$400  
12+1 MONTH \$800

**BASIC PLUS PACKAGE**

- ✓ 7 DAYS/WEEK GYM ACCESS
- ✓ FREE WORKOUT PLAN
- ✓ COURTS ACCESS

**GROUP CLASSES**

- 1X TABATA
- 1X TABATA POWER
- 1X CROSSFURY
- 1X BUTTS & ABS
- 2X CYCLING X-TREME
- 2X FITNESS MIX
- 1X WAR
- 1X BODY FLY
- 2X ZUMBA

1 MONTH \$100  
3 MONTH \$270  
6 MONTH \$510  
12+1 MONTH \$980



**ONLINE PAYMENT**

**BASIC PACKAGE**

12 MONTHS \$60/MONTH  
6MONTHS \$66/MONTH

**BASIC PLUS PACKAGE**

12 MONTHS \$75/MONTH  
6MONTHS \$85/MONTH

NO GYM MEMBERSHIP  
REQUIRED

	1 SESSION	10 SESSIONS	15 SESSIONS	24 SESSIONS
<b>PRIVATE TRAINING</b>	\$35	\$300/2WEEKS	\$410/3WEEKS	\$600/3WEEKS
<b>2 PERSONS</b>	\$55	\$400	\$540	\$960

**1 DAY VISIT**

**\$12**

**RENTAL**

FOOTBALL COURT \$33/ 1 HOUR

BASKETBALL COURT

FULL COURT \$40/ 1 HOUR

HALF COURT \$20/ 1 HOUR

TENNIS COURT (KIDS) \$20/ 1 HOUR

**ACADEMIES**

KIDS BASKETBALL ACADEMY

KIDS FOOTBALL ACADEMY \$30/MONTH

KIDS GYMNASTICS ACADEMY \$30/MONTH